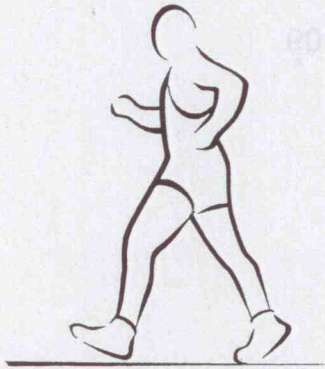


**City of Montgomery Parks & Recreation Department
WALKING PATHS & VITA COURSES**



Approximate # laps per mile

BUDDY WATSON (Taylor Road)
1801 Taylor Road – 36117

1 lap = .5 mile (2,640' long)

BLOUNT CULTURAL PARK
**VITA COURSE*
3 Festival Drive – 36117

Multiple Paths

CLOVERDALE PARK # 1 (Church)
2415 West Cloverdale Park – 36106

1 lap = .41 (2,162' long)

DORCHESTER PARK
Dorchester Road – 36116

1 lap = .20 (1,076' long)

EAST MONTGOMERY EXCHANGE PARK
**VITA COURSE*
850 Coliseum Boulevard – 36109

1 lap = .32 (1,679' long)

FOREST HILLS PARK
3721 Harrison Road – 36109

5 laps = 1 mile

FOX HOLLOW PARK
4690 Chrystan Road – 36109

4 laps = 1 mile (1,600' long)

GATEWAY PARK
**VITA COURSE*
3800 Davenport Drive-36105

1 lap = 1.2 miles

HYDE PARK (Burbank)
5815 Hyde Park Road – 36117

1 lap = - .3 mile

IDA BELLE YOUNG PARK
5400 Vaughn Road – 36117

1 lap = - .75mile (3,960' long)

JAMES SHANNON (Mobile Heights)
2220 West Edgemont Avenue – 36108

1 lap = .36 (1,915' long)

LAGOON PARK JOGGING PATH
***VITA COURSE**
2855 Lagoon Park Drive – 36109

1 lap = .27 (1,421' long)

OAK PARK
1010 Forest Avenue – 36106

1 lap = .8 mile (Asphalt Center Path)

OLD SELMA ROAD
3200 Old Selma Road - 36108

PECAN GROVE PARK
Planters Drive-36109

PETER CRUMP PARK
3480 Woodley Road – 36116

1 lap = .5 mile (2,640 long)

SHERIDAN HEIGHTS
3501 Faro Lane – 36110

1 lap = .27 (1,437' long)

SOUTHLAWN
389 Greenleaf Street – 36108

1 lap = .47 (2,480' long)

TWIN GATES
3810 Coretta Drive – 36108

1 lap = .42 (2,215' long)

VAUGHN ROAD PARK JOGGING PATH
***VITA COURSE**

1 lap = .52

VIRGINIA ESTATES
Peabody Road – 36116

1 lap = .45 (2,381' long)

WARES FERRY ROAD PARK
6425 Wares Ferry Road – 36117

WASHINGTON PARK
2330 Dorothy Street – 36108

1 lap = .19 (1,018' long)

WOODCREST
4325 Thornwood Road – 36108

1 lap = .38 (1,998' long)

WOODMERE PARK JOGGING PATH
***VITA COURSE**
5881 Woodmere Boulevard - 36117

1 lap = .38 (2,021' long)

1 lap = .20 (1,038' long)

